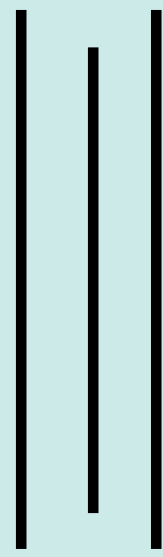




; fj hlgS-IghL ; femf/L gllt

-:yfglo lgsfosf]nflu_

@)^)



>l % sf]; /sf/

:yfglo lj sf; dGqfno

kNrf\$, nIntk/

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(PPPUE/UNDP)
(Nep/01/007, Nep/01/G58)**

Ij ifo ; ʻL

!= k[7eld #
@= p27o %
#= gllt ^
\$= sfogllt &
%= ; femf/l sf] : j ʻk (
^= : yfglo lgsfosf] ; DklQ ; DaGwl clwsf/ !)
&= ; /lf of tyf s/f/ x: tfgt/of ; DaGwl Joj :yf !)
* sfgg] thof !)
(; fj hlgslghl ; femf/L ; ldl !)
!) ; fj hlgslghl ; femf/L ; Dj Gwl lj j fb ; dfwfg !!
!! lgb]zsf tyf sfog] og sfog] lw !@

!= k[7eld

gkfn df a9bf] hg; a\of tyf zx/ls/of; u}al9/x\$]f]
:yfglo k]f\w/ tyf ; jfx; sf]dfunf0{:yfglo lgsfox; ;
/ ; /sf/áf/f kbf]g ul/Psf] cfly\$; f] tyf ; lldt
:yfglo ; f]n]dfq k/f ug{ ; lsg]cj :yf 5g . gkfn
clw/fHosf]; h>wfg @)\$& á/f lgb]zt glit tyf l; 4fct
Pj +:yfglo :j foQ zf; g P, @)%% n]cj n]j g ub]
cfPsf] l]s[bl]s/ofsf] l; 4fctcg'k :yfglo ; jfnf0{
; lglZrt, u0f:t/lo / lbuf]agf0{j tdf]g ; jf k4ltnf0{
; w/ ug{:yfglo:t/df lghl lf]sf ; fem]f/x;nf0{
pkoQm9un]; dfj z u/fp]f :yfglo lgsfosf]lfdtfd
clej [4 x] cfly\$ l]sf; tyf u/lal lgj f/ofdf
; d] 6]f k]g]; efjgf kofft 5 . o; sf]df]bd]f6
:yfglo:t/df ; u]7t ;kn]; lfd, lbuf]u0f:t/lo tyf
; j{he cfwf/et k]f\w/sf]:yfkf tyf ; jf kbf]g
ug{ ; lsg]s/fdf >l % sf]; /sf/n]lj Zjf; /fv\$]5 .

k]f\w/ :yfkf Pj +; jf ; l]wf k]fxsf l]ljw klfx?df
; fj h]lgs-lghl lf]sf]; fem]f/Lsf]lj sf; ug[eG]glit
bz]f]h]gn]c]l]sf/ u/\$]x]f :yfglo lgsfosf]txdf
; fj h]lgs-lghl ; fem]f/Lnf0{ k]4g ug{ cfj Zos
bl]Vpsf]5 . ; fj h]lgs k]f\w/ lgdf, ; -rfng tyf

x:tf&t/Of; DaGwl gllt @)%& / xfn}hf/L ePsf]kj fWf/
; Argfsf]lgdfOf tyf ; ~rfngdf lghl nufgl; DaGwl
cWofbZn] ; fj {hlgS-lghl ; femPf/Lsf] lj sf; df
pNny]glo eldsf vNg]ck]ff ul/Psf]5 . pQmgllt /
cWofbZn] :yfglo lgsfo:t/df ul/g] ; femPf/Lnf0{
ck]ffst ; dGg g; s\$] / bzf}ofhgdf u}; /sf/L
; :yf, gful/s ; dfh tyf lghl lfq; E\$] ; xsfo{/
; xeflutfsf] cfwf/df k&fj sf/L 2 kdf :yfglo
lgsfo{x}sf] ofhg sfoffj og ug] glltnf0{ bLi6ut
u/L o; ; DaGwl glltut Aoj :yf ug{cfj Zos b]VPsf]
x&f >l % sf]; /sf/n]of]gllt th&f u/L hf/L u/\$]
5 . o; af6 :yfglo lgsfo:t/df lghl lfq}sf] nufgl
kj 4G ubf{lg/t/, lj Zj ; glo / uOf:t/lo ; }f kj fx
k4lt lj sl; t ug{df 6}f klG u}u/lal lgj f/Of, cfly\$
lj sf; tyf ; /sf/sf] lj sf; ofhgfsf] nlo
k/f ug\$]nflu ; d} of]glltn]k&fj sf/L eldsf vNg]
>l % sf]; /sf/n]ck]ff u/\$]5 .

@= p27o

:yfglo :jfoQ zf; g cftuŧ bluf] lj sf; sf nflu
clwsf/df cfwf/t ; Jf kŧfg ug{sfodf lghl lfgnf0{
; xeful xg kŧ]; flxt u/l :yfglo lj sf; df ; dflxt
ug{0; gltsf]dVo p27o /xŧf]5 . o; gltsf cŧo
p27oxŧ lgDg cg; f/ /xŧf 5gV

s_ cflyŧ ; Argf tyf :yfglo kŧfwf/sf] lgdfŧf,
; rfnŧ / Joj :yfkŧdf lghl lfgsf]nufgl, klj lw
/ Joj :yfkŧlo blftfnf0{cfsliŧf u/l pkofu
ug{

v_ :yfglo ; Jf tyf ; lj wfxŧsf] Joj :yfdf
; femf/l]efjgfcgŧk lghl lfg, ; dbfo /
uŧ; /sf/l ; yfnf0{clwstd kl/rfnŧ ug{

u_ /fHon]gful/snf0{kŧfg ug{kŧ]; Jf / ; lj wfxŧ
:yfglo lgsfodfkmŧ \kŧofpg] k4ltsf] lj sf;
ug{.

#= gllt

:yfglo lgsfon]hgtfnf0{k%ofpg'kgI; Jf, ; lj wf tyf
kj fvf/ ; Argfsf] lgdff, lj sf; j f kg:yfkgf ug{
u/fpg >l % sf]; /sf/n]bxfosf gllt lnPsf]5 M

s= :yfglo txdf pknJw >f]sf] clwsflws
; bkoftu ug{u/fpg lghl tyf u} ; /sf/L
lfqsf]; xeflutfdf clej [4 u/L To; nf0{buf]
e/kbfI; Jf / lj sf; dhs 9un]; bkoftu ugI

v= lghl lfqsf]; xeflutfaf6 ul/Psf] nufgl[sf]
; bkoftu u/L cTolws kltkm kft ug[Pj +
lghl lfqsf] nflu nufgl tyf kgn{fgl[sf]
jftfj/of l; hgf ugI

u= lghl lfqnf0{ ; fj hlgS-lghl ; fembf/Ldf
kft]; fxg / kj 4g ug{cfj Zos ; xoftu / ; lj wf
pknAw u/fpG]

3= ; fj hlgS-lghl ; fembf/Lsf]sfokj lw cj nDj g
u/L :yfglo :j foQ zf; g k4ltnf0{ lfd, ; bP,
kf/bzL{/ kl't:kwl{agfpg]

a lghl lfqn] a9l kefj sf/L ?kdf sfokj og

ug{ ; Sg] ; }f tyf lj sf; sf sfogndx?sf]
; #fng ug]Jo] :yf :yfglo:t/af6}ug{u/fpg
kfyldstf lbg]

r= kofu]df gcfPsf]:yfglo kFL / klj lwsf]; dlrt
kofu ug{gofFnufglsf lfx;sf]kj4g /
lj sf; u/L :yfglo:t/df g} /fhuf/Lsf
cj ; /x;sf]l; hgf u/L :yfglo cyf{qnf0{
alnof]agfpg]

5= hghflt, cflbaf; L, blnt, dlxf / ; fdfhs-
cfly\$ lj sf; sf]b]l6sf]fn]lk5l8Psf j u{Pj +
u/lax;nf0{k]o]f j f k/f]f ;kdf nfe k!ofpg]
u/L cfwf/et ; }f Psls[?kdf k]fg ug\$]
nflu ; fj h]lgs-lghl ; fem]f/Lnf0{k]l/t ug]

h= lghl lfg, ; dbfo / u}; /sf/L lfg; Esf]
; fem]f/Lsf]lj sf; sf]nflu :yfglo lgsfox;sf]
cGt/; Dj Gw / ; fem]f/Lsf]lj sf; u/L :yfglo
>f]sf]kl/rfng, pkofu / jfBkmfB :yfglo
kl/l:ylt ; xfp]f]xgu/L :yfglo:t/d}Psls[
?kdf ug]Jo] :yf ldnfpg].

\$= sfoġlit

; fj ħlgs-lghl ; femb/l glltsf p27ox; xfl; n
xg/l o; n]cjndag u/\$f glltx; sfoġ og ug{
bxfosf sfoġltx; cjndag ul/g5 M

s= ; fj ħlgs-lghl ; femb/l sf] cj wf/0ffnf0{
:yfglo lgsfosf]k]o\$ txd f k%ofpg ; Daġwt
dġqfnon] :yfglo lgsfosf] ; femb/l df ; f]
; Daġwdf pkoQm sfoġmx; ; ~rfng ug[.

v= ; femb/l; Daġwl cfj Zos 1fg / ; lkx; kbf g
u/l :yfglo lgsfox; sf] lfdtf clea[4 ug{
sfoġmd ; ~rfng ug[.

u= ; Daġwt ; /f\$ f/j fnfx; alr lg/ġt/ ; Dafb
u/l cfk; l ; xdl t adf]nd ; femb/l sf]kj 4ġ
ug{:yfglo lgsfosf] txd f pkoQm ; æqsf]
lj sf; / j ftj /0f ; ħgf ug[

3= of] glltnf0{ kēfj sf/l ; kn] sfoġ og ug{
s]b]o: t/df ug{ kg[; dġj osf sfoġ;
ug{dġqfno: t/df Ps ; dġj o Psf0sf]Aoj :yf
ug[.

a= ; fembf/L; DaGWL sfo{nf0{ lbuf] e/kbfI /
 kbfj sf/L agfpg :yfglo lgsfox;nf0{
 lg/tt/ kfi; flxt ugI pIs[6 sfo{ugI:yfglo
 lgsfonf0{; Ddfigt ugI tyf lg/tt/ cgludg
 / dNofÍsgsf]klqnof cj nDag ugI.

r= o; glltsf]sfof]j ognf0{; xh agfp]sf nflu
 :yfglo lgsfox;sf]; 3, dx; 3 tyf lghl
 lf]sf ; 3, ; :yf, dx; 3x;sf] eldsfnf0{
 alnof] / pknlAwdhs agfpg sfof]ds Pj +
 ; dgj of]ds j ftj /of agfpg].

5= ; fj h]lgs-lghl ; fembf/L sfo{4ltsf]dfl]bdj f6
 :yfglo lgsfosf] sfd sf/j fxldf kf/blz;f
 clej [4 u/L lhDd] f/L / pQ/bfloTj sf]lgj f;f
 ug]f ; xof] k;ofpg].

%= ; femlf/lst] :j 2 k

%! ; fj hlgslghl lf]sf] ; femlf/ldf kl/of]hg
tyf sfoqndx?sf]sfof] og bxfosf tl/sfaf6
ug{; lsg5 M

s_ ;]f s/f/

v_ Joj:yfkg s/f/

u_ lgdf0f tyf x:tf6t/0f

3_ lgdf0f ; #fng tyf x:tf6t/0f

a_ lgdf0f ; jfdltj s/0f, ; #fng tyf
x:tf6t/0f

r_ lgdf0f, x:tf6t/0f tyf ; #fng

5_ lj sf; , ; #fng tyf x:tf6t/0f

h_ ksf -lnh_ lgdf0f ; #fng tyf x:tf6t/0f

em o:t}c6o tl/sfaf6 -k|Int Pj sfg6sf]
kl/lwleq /xl_

^= :yfglo lgsfosf] ; DklQ; DaGwl clwsf/

:yfglo lgsfox₂sf] ; DklQ tyf :yfglo lgsfosf]
ef]uf]ns If]leq /x]f ; fj h]lgs ; DklQx₂
; fem]f/ldf kpf]u ug{ ; lsg] u/l To; sf] ef]uflwsf/
hdfgt, x:tf]t/Of cflb ; DjGwdf pkoQm Joj :yf
ul/g] .

&= ; /If0f tyf s/f/ x:tf]t/Of ; DaGwl Joj :yf

:yfglo lgsfosf]xs clwsf/ ePsf]jf To:tf]xs clwsf/
; [gf xg]k\$[tsf]h]yf, ; DklQ jf efl]s k]f(f/x₂sf]
:yfkf tyf ; ~rfng ug{ cfj Zos nufgl h]fpg]
kpf]hgsf nflu lghl If]n]To:tf]s/f/c]tu] ; [ht
; DklQ / c]o ; DklQ Pj +s/f/lo xs ef]uflwsf/nf0{
x:tf]t/Of xg ; Sg] u/l a] tyf lj Qlo ; #yfx₂df
; /If0fdf /fv]g; Sg] Joj :yf ug{ ; lsg] . o:tf] ; /If0f
k]fg ubf{hg kpf]hgsf]nflu To:tf]s/f/ ePsf]xf]
; f]l s/f/nf0{kl/kfngf / lg/]t/tf lbgkg] . of]hg
:yfkf Pj + ~rfngsf nflu cfj Zostf cg' f/ :yfglo
lgsfon]c]o sb}tl/sfaf6 ; /If0f tyf COf pkn]w
u/fpg] Joj :yf ug{ ; Sg] .

*** sfgösf] thðf**

o; glltnf0{sföf] og ug\$f nflu cfj Zos kg[P] tyf lgodx;sf]Joj :yf j f kl/dfhg >l % sf]; /sf/n] ug{; Sg\$.

(; fj hlgS-lghL ; femðf/L ; ldlit

o; glltnf0{sföf] og ug{:yfglo lgsfo Pj +lghL lfg ; lDdlnt ; ldlit /xg] 5, h; n] ; femðf/L; Dj Gwl sfo{x?nf0{Joj l:yt Pj -kf/bzL{lsl; dj f6 sföf] ogdf Nofpg]5 .

!) ; fj hlgS-lghL ; femðf/L; Dj Gwl ljj fb ; dfwfg

; fj hlgS-lghL ; femðf/Ldf ; ællg klfx?jlr pTkGg ljj fb ; dfwfgsf] nflu ; Dj lGwt klfx?sf] kl|t|glwTj xg]u/L ljj fb ; dfwfg ug]Joj :yf /xg\$.

!! lgbtqsf tyf sfotj og sfotj lw

ofjglltnf0{ /n / :ki6 2kdf sfotj og ug{cfj Zos
lgbtqsf tyf sfotj og sfotj lw :yfglo lj sf;
d6qfnon]krlnt sfgg cftuf /xl hf/l ug{; Sg5 .
pQm lgbtqsf tyf sfotj og sfotj lw o; }glltsf]cE
dflgg]5 .